

TFCA LUNCH MENU

Effective August 1, 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> • Ham Sandwich Meal • Turkey Sandwich Meal • Chicken Caesar Salad • PB & J Uncrustable Meal <p style="text-align: center;"><u>Domino's Pizza</u> 2 slices of Cheese or Pepperoni Plus 1 side & 1 drink *extra slices available for \$1.00</p>	<ul style="list-style-type: none"> • Ham Sandwich Meal • Turkey Sandwich Meal • Chicken Caesar Salad • PB & J Uncrustable Meal <p style="text-align: center;"><u>3 Peas in a Pod</u> Rotating meal Plus 1 side & 1 drink</p>	<ul style="list-style-type: none"> • Ham Sandwich Meal • Turkey Sandwich Meal • Chicken Caesar Salad • PB & J Uncrustable Meal <p style="text-align: center;"><u>Chick-fil-A</u> Choice of: *8 count chicken nuggets *Chicken Filet Sandwich Plus 2 sides & 1 drink</p>	<ul style="list-style-type: none"> • Ham Sandwich Meal • Turkey Sandwich Meal • Chicken Caesar Salad • PB & J Uncrustable Meal <p style="text-align: center;"><u>3 Peas in a Pod</u> Rotating meal Plus 1 side & 1 drink</p>	<ul style="list-style-type: none"> • Ham Sandwich Meal • Turkey Sandwich Meal • Chicken Caesar Salad • PB & J Uncrustable Meal <p style="text-align: center;"><u>Domino's Pizza</u> 2 slices of Cheese or Pepperoni Plus 1 side & 1 drink *extra slices available for \$1.00</p>

(All menus come with 1 drink and cost \$5.00)

Sandwich Meals- choice of ham/cheese or turkey/cheese sandwich served on Hawaiian Sweet bread, OR Smucker's Uncrustable Sandwich served with 1 bag of chips plus 1 side item (ie fruit, veggie or yogurt, etc) and 1 drink

Chicken Caesar Salad- includes a drink and dressing of choice (ranch or Italian) and 1 drink

3 Peas in a Pod Meals- (these will rotate throughout the month and a monthly menu will be published)- ***all come with 1 side and 1 drink***

Menu #1- Hot Dog/Chili Dog Bar (includes 2 Jumbo All Beef Bun Length Hot Dogs, Buns, Ketchup, Mustard, Hormel Chili Sauce, Shredded Cheddar & Diced White Onions)

Menu #2- Baked Potato Bar (Will include: Sour Cream, Butter, Cheddar Cheese, Crumbled Bacon, Broccoli/ Cheese Sauce)

Menu #3- Breakfast (will include: scrambled eggs, 1 sausage patty, 1 biscuit & gravy)

Menu #4-Taco Bar (Will include 2 Hard or 2 Soft Shells or 1 each, Ground Beef, Nacho Cheese Sauce, tortilla chips, Shredded Cheddar, 3 Peas Salsa, Sour Cream, Shredded Lettuce)

Menu #5a- Mexican Cornbread Casserole (will include: salsa & sour cream)

Menu #5b- Baked Spaghetti (will include: garlic bread)

Menu #6- Mac & Cheese bar (will include 3 Peas Mac & Cheese, crumbled bacon scallions, grilled chicken/popcorn chicken, etc.)

Menu #7a- Chili Soup Meal (will include shredded cheddar cheese, sour cream, oyster crackers & Fritos)

Menu #7b- Potato Soup Meal (will include shredded cheddar cheese, crumbled bacon & oyster crackers)

Menu #8- Chicken Fried Rice (includes chicken fried rice which is full of Chinese veggies and sautéed organic all white meat chicken. Served with Crunchy Chow Mein noodles, Sweet & Sour and Soy Sauces.)

Menu #9- Hamburger Meal (Topping options will include cheese slice, tomato slice, lettuce, mustard, ketchup, mayo) & 1 bag of chips

A La Carte items:

- ½ pint carton of milk (white or chocolate)= \$.75
- Bottled water= \$.75
- Juice= \$.75
- Side options (may include yogurt, carrot sticks or fresh fruit, etc)= \$1.00
- Chick-fil-a= nuggets only or chicken sandwich only \$3.50
- Sandwich only- ham/cheese, turkey/cheese or PBJ only= \$3.00

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